

WILLIAM R. BUCKLEY, JR.

Taiji, Qigong & Yoga Instructor

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500 Market St, Unit 9L, Portsmouth, NH 03801

OVERVIEW:

Bill Buckley is a full-time instructor of Taiji (tai chi), Qigong (qi gong) and Yoga and the owner of Gateway Taiji, Qigong & Yoga in Portsmouth NH. For the past 30 years, Bill has studied and gained certification to teach both Taiji and Qigong under Grand Master Yang, Jwing-Ming (YMAA.com). In the past 7 years, he has expanded his studies & teaching into Yoga and is currently an ERYT- 200, (Over 1000 hours teaching time), RYT 500 (500 hours of training, registered Yoga Teacher). In 2017, Bill was recognized as a Qigong Master in the YMAA System. He is also an instructor in The Universal Healing Tao, under Grand Master Mantak Chia. He began his martial arts studies in college in 1978; as a senior, he was captain of the Shotokan Karate team.

TEACHING EXPERIENCE:

2011 – present: In October of 2011, Bill opened Gateway Taiji, Qigong & Yoga, at 875 Islington Street in Portsmouth NH. Since opening the studio, he has dedicated himself to teaching all three related arts full time.

2009 – present: Under the business name Buckley Taiji, Bill has taught classes and special seminars in Portsmouth, NH; UNH, Newburyport, MA, Amesbury, MA; Bridgton, Maine & Kittery Maine, Ireland and New Zealand.

1990 – present: Bill co-taught seminars with Dr. Yang, Jwing-Ming in the US, Poland, and South Africa on topics including: Taiji Form, Chin-Na, Taiji Sword, Qigong, Taiji Pushing hands and the Taiji Fighting Set.

1994 - 2014: Bill taught weekly classes in Taiji, Qigong and Advanced Taiji topics at the World Headquarters of Yang's Martial arts for 10 Years.

CERTIFICATIONS & AWARDS

2018 He became an ERYT 200 reflecting, at least 1000 teaching hours of Yoga.

2017 Qigong Master Certification (From Grand Master Yang, Jwing-Ming)

2016 Taiji Quan Instructor certification (From Grand Master Yang, Jwing-Ming)

2016 Universal Healing Tao Instructor certification (From Grand Master Mantak Chia)

2015 National Taiji Quan Champion, Adult Men 18+ Yang style form (International Chinese Martial Arts championships)

2015 Broga Yoga® Instructor Certification

2014 500-Hour Registered Yoga Teacher certification (From: Yoga of energy flow)

2014 Certification in Yoga Nidra (From Jenifer Reis)

2014 Certification in Thai Yoga Massage (From Jennifer Yarro)

2014 Certification in Meridian Yoga (From Daniel Orlansky)

2013 Certification in Yoga Therapeutics (From Doug Keller)

2013 Certification in Yin Yoga (From Josh Summers)
2012-13 Completed all 4 levels of Qi Healing certification (From Master Lisa B. O'Shea, Rochester Qigong institute)
2012 Taijiquan: Moving for better Balance Trainer certification (Oregon Research Institute)
2012 Qigong Instructor Certification (From Grand Master Yang, Jwing-Ming)
2011 200-Hour Kripalu Yoga teacher certification (From Kripalu institute)
2011 First Aid (CPR, AID) (From Red Cross)
2008 Chin-Na Instructor certification (From Grand Master Yang, JwingMing)
2007 Qigong Assistant instructor certification (From Grand Master Yang)
2002 Taiji Assistant Instructor Certification (From Grand Master Yang, Jwing- Ming)

UNIVERSITY EDUCATION:

Tufts University: Bill graduated from Tufts in 1980 with a degree in Mechanical Engineering. At the time, he also was qualified for a degree in Computer Science & Mathematics.

Boston University: Bill awarded a Masters of Business Administration, with honors, from Boston University in 1988, with a concentration in finance.

General: During his 30 years at Hewlett Packard, Bill attended and taught countless courses in Computer Science, Sales skills and Effective Management. Teaching has always been his passion.

REFERENCES:

Dr. Yang, Jwing-Ming: Grand Master, YMAA Retreat Center. P.O. Box 290, Miranda, Ca, 95553; 707 502 8739

Lisa B. O'shea: Certified Qigong Therapist and Qigong Master, Qigong Institute Of Rochester, 595 Blossom Road, Suite 307, Rochester Ny. 14610; 585-377-2044

Daniel Orlansky: Eryt-500, Founder of Yoga Of Energy Flow School Of Yoga, 271 Pearl St Cambridge, Ma 02139; 627-354-6169

Dr. Daniel Eyink, MD; Board Certified Internal Medicine and Medical Acupuncture. Founder of Dr. Dan's Natural Healing Center, Newburyport, MA 01950; 978-462-0052

PERSONAL INFORMATION:

Bill was born in Rochester, New York in 1958 and has lived in the greater Boston area for the last 40+ years. He has two grown children and has been happily married to Rebecca Gould for 30+ years. In 2010, after a thirty-year career with Hewlett Packard, Bill left the company to pursue his personal passion: teaching Taiji, Qigong and Yoga. Bill's business CV is available on request.